

HEARTY SALSA

3 cans of black beans (drained but not rinsed)
1 bag of frozen corn
5 to 6 medium size tomatoes
A handful of cilantro, chopped
Half of a red onion, chopped
5 to 6 avocados
About 6 Serrano peppers de veined and finely chopped
A touch of salt to taste
A bit of lemon or lime juice and you are on your way

P.S. Always wear gloves when cleaning the peppers, ouch! - Enjoy



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